

Larkfield Primary School PSHE Yearly Overview

Term	EYFS	Year 1	Year 2
Autumn 1	Skills for learning Learning to listen, focusing attention, following directions, self-talk for staying on task, being assertive	Skills for learning Listening to learn, focusing attention, following directions, self-talk for learning, being assertive	Skills for learning Being respectful, focusing attention and listening, using self-talk, being assertive
Autumn 2	Empathy Feelings, more feelings, identifying anger, same or different, accidents, caring and helping	Empathy Identifying feelings, looking for more clues, similarities and differences, feelings change, accidents, showing care and concern	Empathy Identifying feelings, learning more about feelings, feeling confident, respecting different preferences, showing compassion, predicting feelings
Spring 1	Emotion management We feel feelings in our bodies, managing frustration, calming down strong feelings, managing anger, managing disappointment, handling being knocked down Mental Health Week-Growing Together 7-13 th February 2022	Emotion management Identifying our own feelings, strong feelings, calming down anger, self-talk for calming down, managing worry Mental Health Week-Growing Together 7-13 th February 2022	Emotion management Introducing emotion management, managing embarrassment, handling mistakes, managing anxious feelings, managing anger, finishing tasks Mental Health Week-Growing Together 7-13 th February 2022
Spring 2	Problem solving Solving problems, inviting to play, fair ways to play, having fun with our friends, handling having things taken away, handling name-calling	Problem solving Solving problems parts 1 and 2, fair ways to play, inviting to join in, handling name-calling	Problem solving Solving problems parts 1 and 2, taking responsibility, responding to playground exclusion, playing fairly on the playground
Summer 1 and 2	Problem solving- consolidation and application of skills learned	Problem solving- consolidation and application of skills learned	Problem solving- consolidation and application of skills learned



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Term	Y3/4		Year 5/6	
	Cycle A	Cycle B	Cycle A	Cycle B
	Keeping/Staying Healthy- healthy living Keeping/Staying Safe- Cycle Safety	Keeping /Staying Healthy- Brushing teeth Medicines Keeping/Staying Safe-	Keeping/Staying Healthy- Smoking Children's views Adult's views	Keeping/Staying Healthy- Alcohol Keeping/Staying Safe- Water Safety
Autumn 1	ŕ	Staying safe (danger of going off with people not known very well) Leaning out of windows (heights)	Keeping/Staying Safe- Peer pressure Children's views Adult's views	·
Autumn 2	Being responsible- Coming home on time Anti-bullying- Kind Words	Anti-bullying- Being responsible- Helping someone in need at home & in community Stealing (borrow/steal)	Being responsible- Looking Out For Others Children's views Adult's views Anti-bullying- Kind Words	Being Responsible- Stealing Anti-bullying
Spring 1	Feelings & Emotions- Jealousy Mental Health - Growing Together 7-13 th February	Feelings & Emotions- Anger Grief Mental Health TBA	Feelings & Emotions- Anger Children's views Adult's views Mental Health - Growing Together 7-13 th February	Feelings & Emotions- Worry Mental Health TBA
Spring 2	First Aid- Make a call to emergency services, list reasons why someone may struggle to breathe and provide first aid treatment, asthma attack, choking, allergic reaction, anaphylactic shock, how to seek immediate emergency help	First Aid- Make a call to emergency services, Relationships- Body language (feelings & emotions) Touch- (appropriate/inappropriate)	First Aid - Make a call to emergency services, know DRs and ABC what they stand for, CPR, recovery position A World Without Judgement-Inclusion & Acceptance Children's views Adult's views	First Aid - Make a call to emergency services, head injury, seizure, severe bleeding, know when to call for medical help A World without Judgement- British Values
Summer 1	The Working World- Chores at Home	Our World- Working in our world (why we need money)	Computer Safety- Image sharing	The working World- In-app Purchases



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	Growing & Changing- Appropriate Touch (Relationships)	Looking After Our World- (help & protect planet) Hazard Watch- Is it safe to eat or drink? Is it safe to play with?	Children's views Adult's views The Working World- Enterprise Children's views Adult views	Computer Safety-Making Friends online
Summer 2	Computer Safety- Online bullying A World Without Judgement- Breaking Down Barriers	Computer Safety- Making Friends Online Computer Safety Documentary (revision) Fire Safety- Texting whilst driving Visiting a fire station	Growing & Changing- Puberty Children's views Adult's views	Growing & Changing- Conception